

# School Safety Team For Bullying Awareness & Prevention

E S T E L L M A N O R E L E M E N T A R Y S C H O O L

October's  
Theme:

Respect

Week of Re-  
spect:  
Monday,  
October 3rd  
Through  
Friday,  
October 7th



A v a i l a b l e  
A c t i v i t i e s f o r W e e k o f R e s p e c t

- Daily Morning Announcements
- Selection of School-Wide Bullying Prevention Slogan, 2011-12
- “Choose Respect: GIVE IT! GET IT!” Bookmark
- Graffiti Wall
- Daily Broadcast of “*We Are Family*” A Musical Message for All
- Door Decorating Contest
- School Counseling Lesson on Respect with Jill Kuppel

## Daily Morning Announcements

During the Week of Respect, students will hear a message about respect. The areas will include: Respect for Self; Respect for Others; and Respect for Property. Students will be given a “goal” for the

day that will help them demonstrate each particular area of respect. Please encourage your students to challenge themselves to reach each day’s goal. Attached to this newspaper is the list of

each day’s announcement so that you can get an idea of some goals your students will be asked to complete.



Thank You to Mrs. Sharpe  
& The Morning News  
Crew

## Selection of School-Wide Bullying Prevention Slogan 2011-12



You may remember the “Less Bullying, More Peace!” slogan contest that was won by Tori Novack a few years ago. We are going to try to initiate another similar campaign this year. We

are asking students to come up with a new slogan for our school year. Then the School Safety Team will vote on their favorite slogan. Please have students who wish to partici-

pate complete the slogan idea slip of paper. (Slogan Slips are attached.) All slogan ideas can be put in Mrs. Kuppel’s mailbox.

## “Choose Respect: GIVE IT! GET IT!” Bookmark

Everyone in the school will be receiving a special bookmark during their school counseling lesson on “Respect”. Please encourage

your students to read the bookmark and use it each day as a reminder of how to be a respectful school citizen.



## Graffiti Wall

We will be having a “Graffiti Wall” displayed in the Upper Grade Hallway. Mrs. Mattera and the National Junior Honor Society will be making the background and then all students in grades K-8 will have the opportunity to sign the Graffiti wall in Art class during the “Week of Respect”.

After all students have had the opportunity to sign the wall, we will hang the completed project in the hallway.

Thank you, Mrs. Mattera &  
The National Junior Honor Society  
For your Assistance with the Project!



A special thanks to Mrs. Conteneto for this idea!

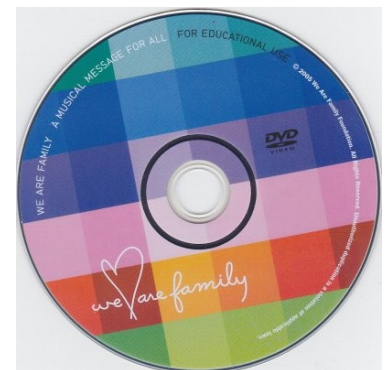
## Daily Broadcast of “We Are Family” A Musical Message for All DVD

### During the Morning Announcements

After the Morning Announcements each day, we will be showing the “We Are Family: A Musical Message for All”. This short music video features loveable characters from children’s

cartoons such as Kermit the Frog, Big Bird, Dora the Explorer, SpongeBob, Elmo, and Clifford. The message is to help children learn the essential values of understanding, re-

There are classroom activities that go along with the music video. If you are interested in using any of these lessons in your classrooms, please see Jill for details.



## Optional Activity for Homeroom Teachers

Thanks to Mrs. Carano for this great idea.

If your homerooms are interested in taking part in a “Door Decorating Contest”, they can come up with

their own ideas that support the theme from our bookmarks: “Choose Respect: Give It Get It” for the Week of Respect. On Friday, October 7th, during the staff in-

service, we will have members of our School Safety Team vote on the door that promotes the theme the best. Winners will be announced the following Monday.



## **Morning Announcements**

### **Week of Respect**

**Monday, October 3<sup>rd</sup>**

#### ***Week of Respect***

This week every school in New Jersey is observing “Week of Respect”. During this week, we will be spending time taking part in activities that help promote a respectful school culture and reflecting on the ways respect can lead to a peaceful atmosphere in our lives and in our school. Each day this week, we will be hearing a definition of respect and you will be asked to set a goal for yourself to observe a specific area of respect.

Our goal for today is: “Do something to help fill someone else’s bucket today.” Give someone a smile, give a compliment to your classmate, help a friend feel included at recess. Whatever you decide to do, fill that bucket with a smile knowing that you are demonstrating respect for yourself and others!

**Tuesday, October 4<sup>th</sup>**

#### ***Respect for Self***

Self Respect.... What does it mean to you? Does it mean feeling good about yourself and the way you treat other people? Does it mean living up to your values and convictions? Does it mean taking responsibility for your actions? Because that is exactly what self-respect is--- Being proud of the person you are. We should all live our lives in ways that help us make good choices, enjoy happy times with our friends and family, and like the person we are.

Our goal for today: “Do something today that is good for you and makes you feel good.” Spend a little extra time on your school work today, study a little more at home for a test or quiz, practice a little harder for that sport you are trying to do well in. Whatever you do, do it with pride and the knowledge that you are helping improve your self respect!

**Wednesday, October 5<sup>th</sup>**

#### ***Respect for Others***

Respect for others comes in two forms: respecting everyone’s differences and respecting everyone’s feelings.

##### Respect for Differences:

Did anyone ever make fun of you because you are different in some way? The difference could be small, like the color of your hair or great, like the language you speak. How did being made fun of make you feel? We’re all different in some way. But we’re all the same in one important way: Everyone deserves to be treated with respect.

##### Respect for Someone’s Feelings:

Did anyone ever tease you because you like a certain TV show? Have you ever been called a name because you wanted to achieve a goal that was out of reach? How did it make you feel? Not everyone has the same likes and dislikes. We can show respect for other people’s feelings by not making fun of them

or putting them down.

Our goal for today is: "Let's work on respecting each other." Respect means understanding other people's feelings, thoughts, and opinions. When we have respect for each other, our school community becomes a very nice place to be. Let's fill a bucket or two today by giving a compliment. Show a classmate, your teacher, the office staff, the cafeteria workers, and the custodial staff that you respect them and appreciate all they do for you!

**Thursday, October 6<sup>th</sup>**

***Respect for Property***

Did you ever go to a park that was full of litter, or to a beach that was closed because of pollution? How did that make you feel? Taking care of the environment and the community is everyone's responsibility. Make sure you do your share.

Our goal for today is: "Do something that shows respect for our school environment." Be sure to clean up after yourself in the cafeteria and on the playground. Throw away your trash and pick up the playground equipment. It will help make our school environment a clean and wonderful place to be.

**Friday, October 7<sup>th</sup>**

***OFF***

***Ideas Taken From: Sunburst: "All About Respect: Give It! Get It!" (2002) and "Respect: To GET Respect, You Have to GIVE Respect" (2000) Brochures***

## Schedule of School Counseling Lessons

### “Week of Respect”

Class	Date of Lesson	Period	Activity
Kindergarten	October 5th	5th Period	Band-Aid Chicken Read Aloud
1st Grade	October 5th	3rd Period	Band-Aid Chicken Read Aloud
2nd Grade	October 5th	2nd Period	Respect Bingo &
3rd Grade	October 3rd	3rd Period	Respect Bingo &
4th Grade	October 3rd	2nd Period	Respect Bingo &
5th Grade	October 3rd	1st Period	Respect Bingo &
6th Grade	October 6th	2nd Period (Language Arts)	"Cup Stack"
7th Grade	October 6th	3rd Period (Science)	"Cup Stack"
8th Grade	October 4th	2nd Period (Social Studies)	"Cup Stack"

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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