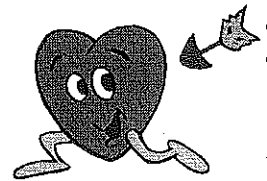





ESTELL MANOR SCHOOL CALENDAR OF EVENTS-2012









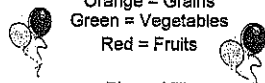

FEB

- Thurs., Feb. 2 **Reports Go Home Grades 4-8**
- Fri., Feb. 3 Student Council Dance 7-9:30 Cost \$3.00 
- Mon., Feb. 6  Basketball Game Home - Folsom Varsity; Girls-3:45, Boys-4:45
H.S.A. Meeting 7:00 PM
- Tues., Feb. 7  Basketball Game Home - St. Vincent Varsity; Boys-4:00, Girls-5:00
- Thurs., Feb. 9  Basketball Game Home - St. Vincent J.V; Boys-4:00, Girls-5:00
- Mon., Feb. 20 **NO SCHOOL - PRESIDENTS' DAY**
- Weds., Feb. 22 Board of Education Meeting 7:00 PM
- Fri., Feb. 24 Coffee House 7:00 PM 
- Mon., Feb. 27 **Chamber Concert 7:00 PM** 

NOTE: School Board elections previously held in March will now be held in November.

Buena Braves link is available on the school's web site
www.estellmanorschool.com or you can go to www.buenabraves.com



Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Student Lunch \$2.40 Reduced Student \$.40 Faculty Lunch \$3.25 Daily Meal Alternatives: Chef Salad Chicken Caesar Salad Peanut Butter & Jelly Milk Choice Available Daily: 1% White, Skim White Skim Strawberry Skim Chocolate Available Daily: Fresh Fruit Bread Basket  SNACK Fresh Baked Cookies \$.25 Bag of Chips \$.70 Milk \$.50 Bottled Water \$.50 Snapple \$1.25 Switch \$1.00			Chicken Patty on a Roll or Cheeseburger on a Bun Lunch Choice Includes: Hot Mac & Cheese Pudding w/ Cream Applesauce Milk Choice	Pancakes w/ syrup Ham Slice or Egg Salad on a Bun Lunch Choice Includes: Potato Tots Fruit Juice Milk Choice	Deep Dish Pizza or Turkey & Cheese on a Bun Lunch Choice Includes: Caesar Salad w/ Croutons & Dressing Mixed Fruit Milk Choice
	6  SUPER American Hoagie or Chicken Patty on a Bun Lunch Choice Includes: French Fries Lettuce & Tomato Cup Peaches w/ Topping Milk Choice	7 Nacho's Fluffy White Rice or Roasted Chicken w/ a Roll Lunch Choice Includes: Corn Lettuce & Tomato Cup Mixed Fruit Medley Milk Choice	8 "Sticker Day" Meatball Parm. Sub on a Torpedo Roll or Grilled Cheese Lunch Choice Includes: Green Beans Ranch Fries Applesauce Milk Choice	9 Grilled Cheese Sandwich w Tomato Soup & Fish Crackers or Tuna on a Bun Lunch Choice Includes: Crunchy Carrot Sticks w Dip Fresh Pears Pudding w/ Topping Milk Choice	10 BRUNO'S Pizza or Turkey & Cheese on a Bun Lunch Choice Includes: Salad w/ Dressing Fresh Fruit Milk Choice
	13 Pepperoni & Cheese on a Bagel or Popcorn Chicken w/ a Roll Lunch Choice Includes: Free Cookie Peas & Carrots Peaches Milk Choice	14 Chicken Nuggets w/ Roll w/ Assorted Sauces or Hot Dog on a Bun Lunch Choice Includes: Cosmic Potatoes Jell-O w/ Topping Sweat Heart Apples Milk Choice	15 Wacky Wednesday BRUNO'S Pizza or Turkey & Cheese on a Bun Lunch Choice Includes: Salad w/ Dressing Fresh Fruit Milk Choice	16 French Toast Sticks w/ Sausage Links or Egg Salad on a Bun Lunch Choice Includes: Potato Tots Orange Smiles Milk Choice	17 Stuffed Crust Pizza w/ Pepperoni or Chicken Nuggets w/ a Roll Lunch Choice Includes: Caesar Salad w/ Croutons & Dressing Mixed Fruit Pudding w/ Topping Milk Choice
	20 No School Washington President's Day 	21 Turkey & Cheese on a Kaiser w/ Chicken Noodle Soup or Cheeseburger on a Bun Lunch Choice Includes: Fun Size Fritos Lettuce & Tomato Cup Applesauce Milk Choice	22  Hot Dog on a Bun or Chicken Patty on a Bun Lunch Choice Includes: Spiral Fries Baked Beans Pears Milk Choice	23 "Sticker Day" Twin Tacos Fluffy White Rice or Grilled Cheese Lunch Choice Includes: Corn Lettuce and Tom Cup Mixed Fruit Milk Choice	24 BRUNO'S Pizza or Turkey & Cheese on a Bun Lunch Choice Includes: Salad w/ Dressing Fresh Fruit Milk Choice
Vegetable of the Month: Potatoes  Fruit of the Month: Apples  Meal Tickets Available Checks made Payable to: Estell Manor Bd. Of Education 10 Tickets = \$24.00	27 Mozzarella Sticks w/ Garlic Pasta or Cheeseburger on a Bun Lunch Choice Includes: Salad w/ Dressing Mixed Fruit Medley Milk Choice	28 Pancakes w/ syrup Ham Slice or Egg Salad on a Bun Lunch Choice Includes: Hash Brown Fresh Banana Milk Choice	29 Cheese Steak on a Torpedo or Chicken Tenders w/ a Roll Lunch Choice Includes: Seasoned Fries Applesauce Jell-O w/ Topping Milk Choice	Balloons for Balanced Lunch Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow = Oils & X Energy 	Have you had your Five Today?  Five Servings of Fruits and Vegetables per day are essential sources for vitamins & nutrients for a healthier YOU!!!