

# School Safety/Climate Team for Bullying Awareness & Prevention Estell Manor School District



## School Theme: Career Awareness

### ~School-wide Activities~

- Morning Announcements during Career Awareness Week
- Grade Level Lessons on Career Development with the School Counselor
- Kindergarten - 2<sup>nd</sup> Grade: *Berenstain Bears: On the Job* Video & Activity Book
- 3<sup>rd</sup> - 4<sup>th</sup> Grade: *Careers Video Tour* Video & Activity Book
- Grades 5<sup>th</sup> - 8<sup>th</sup>: Passport to Careers Assembly
- Parent Letter

#### Classroom Lessons

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#### Career Awareness Week

Dates:

January 25-29

#### Career Awareness Week Morning Announcements

Tune into Wildcat Morning News  
for some great Journal Starters!

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## T-Shirt Update

Congratulations to  
  
for submitting the  
**winning slogan**  
for our t-shirts!

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Congratulations to  
  
for submitting the  
**winning design**  
for our t-shirts!

## Career Awareness & Bullying Prevention

### What does Career Awareness have to do with Bullying Prevention?

Having a clear goal toward a specific career path may help students who are targets of bullying behavior or students who may exhibit bullying behaviors. Through this goal-setting process, students can increase their positive motivation toward school success.

For the potential victim: a focus for being in school.  
For students who exhibit bullying behaviors: a reason to maintain positive behavior in school.

Career awareness and goal setting helps students make the school-to-work connection. A child's school years are helping to equip them with the college and career readiness skills that they will utilize to reach their academic, career, and social/emotional goals and ensure their future success. Academic success provides the opportunity for the student to attain a career of their choice and have a deeper understanding of the mindsets and behaviors in school that lead to a higher level of college and career readiness skill sets.

This is the motivational factor behind the School Safety & Climate Team selecting January as "Career Awareness Month" for our students.





# Tree of Careers

We “Snow” A Lot About Careers

## Activity

Select a career of interest to you.

Write career on your cut-out snowflake.

Write your name and grade on the back of your snowflake.

You will receive your snowflakes when they are taken down to get us ready for healthy choices~healthy lives apples!

We will be taking down our fall leaves from our “Tree of Peace” to create our “Tree of Careers”.

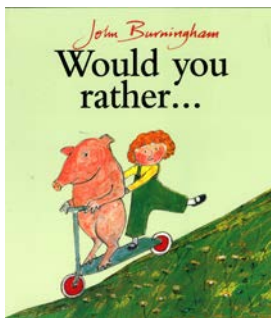
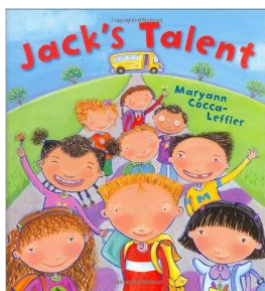
The “Tree of Careers” serves as a way to reinforce the many lessons students took part in during our Career Awareness Month. It also serves as a reminder that just as every snowflake is unique, every person’s career path is unique as well!

Each student will be asked to write a career of interest to them on a cut out snowflake. So have fun checking out all of the fun careers our students are interested in when you look at our tree!





## Activity



# Classroom Lessons

## Kindergarten

Career Puppets

All About Me Pamphlet

Literature Selections:

When I was Little: A 4-year Old's Memoir of Her Youth  
I Can Be Anything!

Career Shapes:

Matching the career person with their shadow

## 1<sup>st</sup> Grade

Career Puppets

All About Me Pamphlet

Literature Selection: Max the Wolf

Career Shapes: Matching the career tool with their shadow

Literature Selection: Jack's Talent

Briefcase Activity

## 2<sup>nd</sup> Grade

All About Me Pamphlet

Literature Selection: Would you Rather?

Goal Setting Activity

Literature Selection: Sylvester & the Magic Pebble

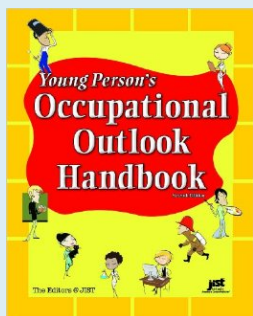
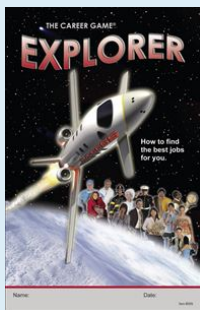
Star Booklet

Literature Selection: LMNOP's

Career Caterpillar



## Activity



# Classroom Lessons

## 3<sup>rd</sup> Grade

All About Me Pamphlet

Literature Selection: Would you Rather?  
Goal Setting Activity

Literature Selection: Rocks in his Head  
Introduction to the Occupational Outlook Handbook  
Briefcase Activity

Literature Selection: Buzzy the Bumblebee  
Footprint Books

## 4<sup>th</sup> Grade

All About Me Pamphlet

Literature Selection: Jack's Talent

Literature Selection: Iggy Peck, Architect

Activity Book: Rick Trow Publishers: Explore Books

## 5<sup>th</sup> Grade

All About Me Pamphlet

Literature Selection: How Santa Got His Job  
Career Interest Inventory

Introduction to the Occupational Outlook Handbook  
Career Data Sheet



# Classroom Lessons

## 6<sup>th</sup> Grade

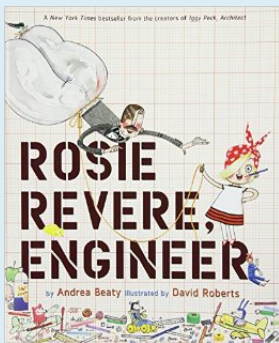
All About Me Pamphlet

Literature Selection: Jack's Talent

Literature Selection: Rosie Revere, Engineer

Activity Book: Rick Trow Publishers: Explore Books

## Activity



## 7<sup>th</sup> Grade

All About Me Pamphlet

Human Relations Media:  
“Connecting the Dots: How School Skills Become Work Skills”  
Unit

## 8<sup>th</sup> Grade

All About Me Pamphlet

Sunburst Visual Media: “Exploring Careers” Video & Handouts

Career Key Computer-based Interest Inventory

On-line: Occupational Outlook Handbook

Education Helper: Learning Styles Assessment

Individual Educational & Career Plan

Career PowerPoint & Class Presentation

# Classroom Lessons

## Lessons on Career Awareness Given by The School Counselor

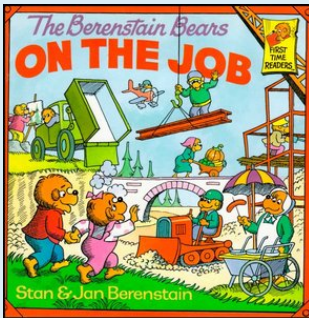
Students will take part in three or more grade-level class lessons with the School Counselor on Career Awareness during the whole month of January. Thank you to all of the teachers for being so flexible with scheduling these lessons! It is greatly appreciated.

### School Counseling Career Awareness Possible Activities “Career Awareness Month”

Class	Sample Activity
<b>Kindergarten</b>	Career Puppets Literature Selections: <u>When I was Little: A 4-year Old’s Memoir of Her Youth and I Can Be Anything!</u> Career Shapes: Matching the career person with their shadow
<b>1st Grade</b>	Career Puppets Literature Selection: <u>Max the Wolf</u> & Career Shapes: Matching the career tool with their shadow Literature Selection: <u>Jack’s Talent</u> & Briefcase Activity
<b>2nd Grade</b>	Literature Selection: <u>Would you Rather?</u> & Goal Setting Activity Literature Selection: <u>Sylvester &amp; the Magic Pebble</u> & Star Booklet Literature Selection: <u>LMNOP’s</u> & Career Caterpillar
<b>3rd Grade</b>	Literature Selection: <u>Would you Rather?</u> & Goal Setting Activity Literature Selection: <u>Rocks in his Head</u> & Introduction to the Occupational Outlook Handbook & Briefcase Activity Literature Selection: Buzzy the Bumblebee & Footprint Books
<b>4th Grade</b>	Literature Selection: <u>Jack’s Talent</u> & Explore Books Literature Selection: <u>Iggy Peck, Architect</u> & Explore Books
<b>5th Grade</b>	Literature Selection: <u>How Santa Got His Job</u> Career Interest Inventory Literature Selection: Introduction to the Occupational Outlook Handbook & Career Data Sheet
<b>6th Grade</b>	Literature Selection: <u>Jack’s Talent</u> & Explore Books Literature Selection: <u>Rosie Revere, Engineer</u> & Explore Books
<b>7th Grade</b>	“Connecting the Dots: How School Skills Become Work Skills” Unit
<b>8th Grade</b>	“Exploring Careers” Unit

## Activity

## Classroom Programs

Kindergarten – 2<sup>nd</sup> Grade

A video presentation will be available in your EMS Network File. The video is titled “*Berenstain Bears: On the Job*”. It is a Berenstain Bears presentation on a variety of careers. Classrooms will also receive grade-leveled activity packets for the students. Homeroom teachers are asked to have their students watch the video at your convenience. Students can work on their packets at your convenience as well. You can hand in your packets to the School Counselor who will grade them and put stickers on them!

3<sup>rd</sup> & 4<sup>th</sup> Grade

A video presentation will take place for students in 3rd & 4th Grade on \_\_\_\_\_. The video is titled “*Careers Video Tour*”. This video is an entertaining presentation of a variety of careers including park ranger, meteorologist, dancer, physical therapist, geologist, and more. The video will live stream through “Wildcat TV” and is approximately 20 minutes long. Classrooms will also receive grade-leveled activity packets for the students to complete after the video. You can hand in your packets to the School Counselor who will grade them and put stickers on them!

5<sup>th</sup> - 8<sup>th</sup> Grade

The upper grades will be taking part in a round robin Career Awareness Program. We have volunteers from local and state businesses & colleges who have offered to make mini-presentations to our students. Students will be given a “Passport to Careers” booklet to complete during the presentation. Students will be arranged in small groups and will spend about 5-10 minutes at each presenter’s table. The “Passport to Careers” Program will be held on \_\_\_\_\_ in the Gymnasium and will start at approximately 1:15 PM.

We ask that staff who are assigned to classes during this time, assist in the passing out of the “Passport to Careers” card and monitoring student behavior during the program.

More details to come...



# Morning Announcements

## Career Awareness Week

### **Monday ~ Self Awareness**

“Career Awareness” Thought of the Day: “Find out who you are and do it on purpose.” This is a quote from the country singer, Dolly Parton. This means that you should take the time to develop your “self awareness” because that is such an important part of your career development. Did you know that the level of success in your future career depends a lot on your ability to recognize those unique qualities in you that could help you have a successful career? So today’s reflection is for you to list your accomplishments. Brainstorm all of the things you have accomplished last year, large or small, that could help you in a future career. Ask friends and family members to help you. By doing this, you may discover something that could really help you find a future career!

### **Tuesday ~ Personal Attributes & Preferences**

“Career Awareness” Thought of the Day: Look at your strengths and weaknesses. Knowing what you are good at and what areas you need to improve upon can help you to develop qualities that will help you in a future job. Are you a really good soccer player, but could use some work on your sportsmanship? Maybe you could work on improving your team leadership skills. Are you an excellent student, but your locker and book bag are full of clutter? Maybe you could work on improving your organizational skills. Today’s reflection is for you to make a list of things you are good at (strengths) and things that you would like to improve about yourself (weaknesses). Then use this list to set goals for personal improvement in the new year. By doing this, you are working on improving your career path.



# Morning Announcements

## Career Awareness Week

### **Wednesday ~ Uniqueness**

“Career Awareness” Thought of the Day: You are unique. There is no one in the world exactly like you. We all have different fingerprints and that shows us that we are all special and different in our own way. Learn to like the wonderful person you are and those things about you that help you bring wonderful gifts to the world. Today’s reflection activity is: Take a washable stamp pad. Use your thumb print to make a mark in the middle of the paper. Around your thumbprint, list all of those things that are unique to you: your hair color, your likes, your skills, your accomplishments and those things that are your strengths. Hang this in your locker or your bedroom at home. Use it as a way to greet yourself each morning with a positive feeling about how unique and special you are.

### **Thursday ~ Career Identification**

“Career Awareness” Thought of the Day: Think about a career or job that you would like to do in the future. Look back on our activities from this month that would help you to be a good person for this job. Identifying the skills needed for a job will help you work on improving those areas as a student in school. Today’s activity is: look everywhere for career possibilities during the school day. Look at magazines, TV, radio. Look everywhere. Make a list of careers you are interested in and then research them. You may find a career possibility right next to you!

### **Friday ~ Goal Setting**

“Career Awareness” Thought of the Day: We have been spending a lot of time learning about careers during the month of January. If you have an idea of the type of career you are interested in doing when you are older, why don’t you spend some time researching that career? You can talk to people you know who do this career and ask them about how important school is to being successful. Chances are, they will tell you that during your school years, you are learning many skills that you will use in your adult career! So every time you pick up that pencil during math class, anytime you read a book in Language Arts, anytime you exercise in P.E., you are learning valuable life skills that will help make you a healthy and successful adult!

# Estell Manor School District

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Estell Manor, NJ 08319  
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Ms. Nöelle Jacquelin  
Superintendent of Schools

Mrs. Rose Millar  
Business Administrator

Mrs. Joelle Tenaglia  
Supervisor of Special Services

Dear Parents and Guardians:

During the month of January our school will be taking part in “Career Awareness Month” sponsored by our School Safety & Climate Team for Bullying Awareness & Prevention. During this month, our school will be focusing on activities that will promote goal setting, personal exploration, and career exploration.

Some of the activities we are working on with our students are as follows:

- Morning Announcements during the last week of January on a specific area of career awareness and/or goal setting.
- “We Snow A Lot About Careers” Tree Display
- Lessons with Mrs. Kuppel, School Counselor. Lessons are designed to highlight:
  - Knowledge & Exploration of Interests and Skills
  - Knowledge of Linking Interests to Careers
  - Knowledge of Career Exploration and Goal Setting

On Friday, January 30<sup>th</sup>, there will be grade-leveled programs for students on Career Awareness:

- Kindergarten – 2<sup>nd</sup> Grade: “*Berenstain Bears: On the Job*” Video & Packet
- 3<sup>rd</sup>-4<sup>th</sup> Grade: “*Careers Video Tour*” Video & Packet
- 5<sup>th</sup>-8<sup>th</sup> Grade: Passport to Careers Program

If you have any questions regarding the programs, please feel free to contact the school.

Sincerely,  
Mrs. Jill Marie Kuppel, M.A., School Counselor  
Estell Manor School District