

# School Safety Team For Bullying Awareness & Prevention

E S T E L L M A N O R E L E M E N T A R Y S C H O O L

October's  
2nd  
Theme:

Peaceful  
Conflict  
Resolution

Violence  
Awareness  
Week:  
Monday,  
October 21st  
Through  
Friday,  
October 25th



A v a i l a b l e  
A c t i v i t i e s  
f o r V i o l e n c e A w a r e n e s s W e e k

- Daily Morning Announcements
- Conflict Resolution Skills Student Pamphlet
- School Counseling Lesson on Conflict Resolution Skills with Jill Kuppel & Trooper Rocap
- “Tree of Peace” School-Wide Project
- T-Shirt Design Contest

### Daily Morning Announcements

During Violence Awareness Week, students will hear a message about violence awareness and peaceful conflict resolution. Students will be given a “goal” for the day that will help our school cul-

ture be one of respect and peace. Please encourage your students to challenge themselves to reach each day’s goal. The “goals” being addressed are: respecting each other, anger man-

agement, conflict resolution, school safety, and making a difference. The announcements are attached in this newsletter for your review prior to the announcements!



Thank You to Mrs. Sharpe & The Morning News Crew

### School-Wide Bullying Prevention Slogan 2013-14



This year’s slogan is:

To Be Announced

This slogan suggestion was submitted by:

Thank you to all of the students and teachers that participated!

### “Tree of Peace”

We will be hanging our “Tree of Peace” outside of Mrs. Corbett’s office this year. Students will be asked to write down a conflict resolution

strategy that they will try to use this year on a fall leaf. All leaves will hang on our tree as a reminder of peaceful ways to solve our conflicts.



### Classroom Lessons

Trooper Rocap has once again volunteered to come to our school to help facilitate “School Violence Awareness Week”. He will join Mrs. Kuppel in classroom lessons for School Violence

Awareness Week . Trooper Rocap will also spend time answering students’ questions and facilitating our discussions on conflict resolution strategies.



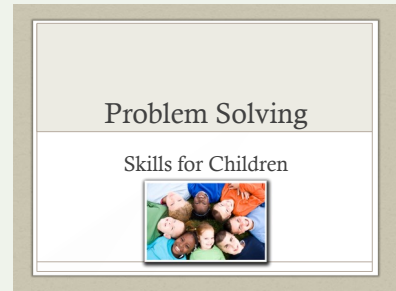
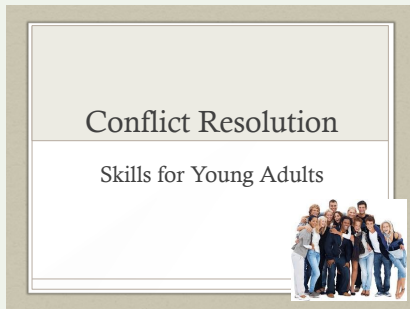
Thank You to Trooper Rocap for volunteering in our school!

### Classroom Lessons (Continued)

Classes will have a lesson on Peaceful Conflict Resolution Skills.

Lessons will focus on the Conflict Resolution Pamphlet Ideas.

A schedule of lessons is attached.



### “Conflict Resolution” Pamphlet, Grades 6-8

Everyone in Grades 6-8 will be receiving a pamphlet during their school counseling lesson for “Violence Awareness Week”. Please en-

courage your students to read the pamphlet and use it each day as a reminder of how to solve conflicts in a respectful way.

- Compromise
- Leave It To Chance
- Forget About It
- Use Your Humor
- Walk Away
- Ask an Adult for Help



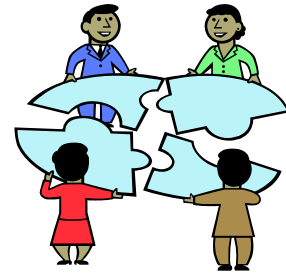
Thank you, Teachers for accommodating the class lesson schedule!

## “Problem Solving Skills for Children” Pamphlet

### Grades K-5

Everyone in Grades K-5 will be receiving a special pamphlet during their school counseling lesson for “Violence Awareness Week”. Please encourage your students to read the pamphlet and use it each day as a reminder of how to solve conflicts in a respectful way.

- Share
- Sit & Talk
- Ignore It
- Walk Away
- Ask an Adult for Help
- Stay Away
- Say, “I’m Sorry”
- Keep Busy

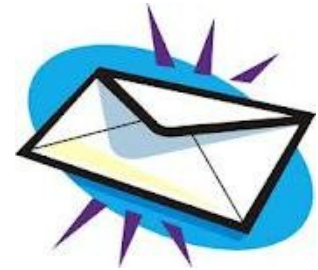


Thank you, Teachers for accommodating the class lesson schedule!

### Parent Letter

A letter for parents and guardians is attached in this newsletter that discusses “School Violence Awareness Week” and the activities our school will be participating in to observe

this state-mandated week. The letter is attached for your review as well.



### T-Shirt Design Contest

Please encourage your students to enter our t-shirt design contest. Mrs. Reger will be introducing the contest and requirements during Art Class. Once the contest en-

tries are received, our School Safety Team will vote on the design that will go on our t-shirts for this year. So stay tuned for our winning design....



Thank you, Mrs. Reger for helping our students participate in this activity during Art Class!

## **Violence Awareness Week**

**Monday, October 21st, 2013 through Friday, October 25th, 2013**

### **Morning Announcements**

#### **Monday, October 21st**

This week every school in New Jersey is observing “School Violence Awareness Week”. During this week, we will be spending time reflecting on the ways our conflicts can lead to violence and ways to solve our conflicts peacefully. Each day this week, we will be hearing a goal toward having a peaceful school building. Our goal for today is: “Let’s work on respecting each other.” Respect means understanding other people’s feelings, thoughts, and opinions. When we have respect for each other, our school community becomes a very nice place to be.

#### **Tuesday, October 22nd**

This week every school in New Jersey is observing “School Violence Awareness Week”. During this week, we will be spending time reflecting on the ways our conflicts can lead to violence and ways to solve our conflicts peacefully. Each day this week, we will be hearing a goal toward having a peaceful school building. Our goal for today is: “Don’t Let Anger Heat You Up.” Let’s think about all the ways we can manage our anger. Let’s all work on controlling ourselves and controlling our actions. When we manage our anger, we stay in control, and we are more able to resolve our conflicts peacefully.

#### **Wednesday, October 23rd**

This week every school in New Jersey is observing “School Violence Awareness Week”. During this week, we will be spending time thinking reflecting on ways our conflicts can lead to violence and ways to solve our conflicts peacefully. Each day this week, we have been hearing a goal toward having a peaceful school building. Our goal for today is: “Resolve Conflicts Peacefully”. So take a good look at the “Conflict Resolution Handout”. Here you will find many useful strategies to help you have a peaceful resolution to your conflicts.

#### **Thursday, October 24th**

This week every school in New Jersey is observing “School Violence Awareness Week”. During this week, we will be spending time thinking about the ways our conflicts can lead to violence and ways to solve our conflicts peacefully. Each day this week, we will be hearing a goal toward having a peaceful school building. Our goal for today is: “Support School Safety”. We have many 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders who participate in our school’s Junior Safety and Safety Program. Our thanks to all of these dedicated students that put our school’s safety as a priority. They all work very hard and give up their time to help all of our students have a safe school. Thanks to the school safeties and the teachers who are the advisors to this program. Be sure to say “thank you” to a safety today

#### **Friday, October 25th**

This week every school in New Jersey is observing “School Violence Awareness Week”. During this week, we will spent time reflecting on the ways our conflicts can lead to violence and ways to solve our conflicts peacefully. Our goal for today is: “Make A Difference”. Let’s all make an effort to put our good lessons into practice for the remainder of the school year. If we all work hard at using peaceful conflict resolution strategies, our school will be a wonderful place to come for learning and playing. And finally, make sure you check out our wonderful “Tree of Peace”. Do you remember what you wrote on your leaf? These are wonderful ways to solve our conflicts in a peaceful manner. Let’s remember this all year long!

## T-Shirt Design Contest

Slogan:

All students in Grades Kindergarten through 8<sup>th</sup> are invited to take part in a “T-Shirt Design Contest”.

We are asking our students to call upon their creativity to design a t-shirt for this year’s School-Wide Bullying Prevention Program. We ask that students follow the guidelines below for their entries:

1. All entries must be school appropriate.
2. All entries must have correct grammar & spelling.
3. We ask that every entry includes the student’s first and last name and grade on the **back** of their paper.
4. The entry **must** contain the Bullying Prevention Program Slogan for the 2013-14 School year.
5. We ask that the entries are created on 8 1/2 by 11 inch paper.
6. Students can illustrate their drawings in color or they may use computer graphic images, however the illustration will only print in white letters and symbols on the t-shirt.

### Note:

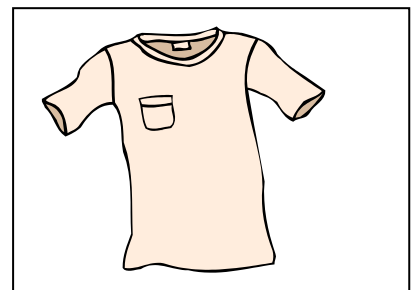
The final design will be printed with white letters on a green t-shirt. If students would like, they can add color on their posters, but the final design will not be in color.

Designs are due:

**The Last Day of**

**Violence Awareness Week!**

**Friday, October 25th**



# Violence Awareness Week

2013-14 School Year

*8:45 – 9:10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Home-room</b> 9:10-9:25					
<b>1<sup>st</sup> Period</b> 9:26-10:09				7 <sup>th</sup> Grade (Science)	
<b>2<sup>nd</sup> Period</b> 10:10-10:53				8 <sup>th</sup> Grade (Math)	
<b>3<sup>rd</sup> Period</b> 10:54-11:37				6 <sup>th</sup> Grade (LA)	
<b>4<sup>th</sup> Period</b> 11:38-12:21				LUNCH	
<b>5<sup>th</sup> Period</b> 12:22-1:05			Jill (Lunch Duty)	2 <sup>nd</sup> Grade (Math)	
<b>6<sup>th</sup> Period</b> 1:06-1:49			1 <sup>st</sup> Grade (Social Studies)	5 <sup>th</sup> Grade (Social Studies)	
<b>7<sup>th</sup> Period</b> 1:50-2:33				4 <sup>th</sup> Grade (Science)	
<b>8<sup>th</sup> Period</b> 2:34-3:17			Kindergarten (Social Studies)	3 <sup>rd</sup> Grade (Science)	
<b>Home-room</b> 3:18-3:30					
<b>** All Violence Awareness Week Lessons will take place in the Health Room.</b>					

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Ms. Noelle Jacquelin  
*Superintendent of Schools*

Mrs. Rose Millar  
*Business Administrator*

October 21st, 2013

Dear Parents and Guardians,

In accordance with New Jersey State Law, Estell Manor School will be observing "School Violence Awareness Week" October 21st through October 25th. This law was passed to help New Jersey schools create awareness among students of the impact of school violence on their school's community. Our school's approach to "School Violence Awareness Week" focuses on helping our students learn how to resolve their conflicts peacefully and without violence in order to promote a healthier, more enjoyable school environment.

Through our observance of "School Violence Awareness Week", we hope to achieve two goals: Our first goal is to help students realize that violence, in any regard, is unacceptable in our school. This includes hurtful words and/or hurtful actions. Our second goal is to stress the idea that problems can be solved in nonviolent ways. Conflict resolution skills that include talking it out, asking an adult for help, and compromising are proven to be more effective tools to use in solving problems.

During this week, our School Safety Team has established many activities for staff and students that will help highlight our theme of positive conflict resolution and a peaceful school climate. Some of the activities being presented during Violence Awareness Week are as follows: daily messages about conflict resolution on the morning announcements; a school-wide t-shirt design contest that highlights our school's anti-bullying theme for the year; "Tree of Peace" leaves presenting conflict resolution strategies; "Problem Solving Skills for Children" pamphlet and "Conflict Resolution" pamphlet; and lessons with Mrs. Kuppel, School Counselor and Trooper Rocap from the New Jersey State Police.

Unfortunately, violence is something that our society is faced with in many ways. There is violence on TV, in the movies we watch or the video games we play, in the news media, and in our world. It is important for our children to realize that violence does not have to play a part in their lives at school. Hopefully, "School Violence Awareness Week" will help our students realize that although conflict is a normal part of life, there are peaceful ways to solve our conflicts with others.

Sincerely,

Ms. Noelle Jacqueline  
Superintendent of Schools