

# School Safety Team For Bullying Awareness & Prevention

E S T E L L M A N O R E L E M E N T A R Y S C H O O L

October's  
First  
Theme:

## Respect

Special Dates:

Week of  
Respect

October 6th  
through  
October 10th



A c t i v i t i e s   f o r   W e e k   o f   R e s p e c t

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- Daily Morning Announcements
- Selection of School-Wide Bullying Prevention Slogan, 2014-15
- Broadcast of *"We Are Family" A Musical Message for All*
- Lessons on RESPECT with the School Counselor

## Daily Morning Announcements

Each day on the morning announcements, students and staff will hear a message about respect. The areas will include: Respect for Self; Respect for Others; and Respect for Property. Stu-

dents will be given a “goal” for the day that will help them demonstrate each particular area of respect. Please encourage your students to challenge themselves to reach each day’s goal. At-

tached to this newspaper is the list of each day’s announcement so that you can get an idea of some goals your students will be asked to complete.

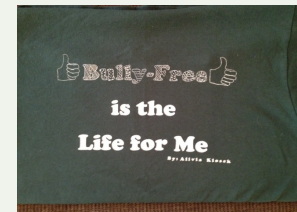


## Selection of School-Wide Bullying Prevention Slogan 2014-15

You may remember the “Bully-Free is the Life for Me!” slogan contest that was won by Olivia Dormanen last year. We are running our “Bullying Prevention Program Slogan Con-

test” again this year. We are asking students to come up with a slogan for our school this year. Then the School Safety Team will vote on their favorite slogan. Please have stu-

dents who wish to participate complete the slogan idea slip of paper. Feel free to make as many copies as needed. The slogan slips are included with this newsletter. All slogan ideas can be put in Mrs. Kuppel’s mailbox.

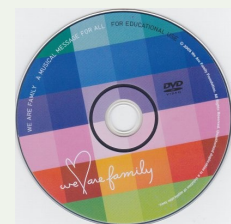


## Broadcast of “We Are Family” A Musical Message for All

We will be showing the “We Are Family: A Musical Message for All”. This short music video features the loveable characters from children’s car-

toons such as Kermit the Frog, Big Bird, Dora the Explorer, SpongeBob, Elmo, and Clifford. The message is to help children learn the

essential values of understanding, respect and acceptance of other cultures. There are classroom activities that go along with the music video. If you are interested in using any of these lessons in your classrooms, please see Jill for details.



## **Morning Announcements**

### **Week of Respect**

#### **Monday, October 6th**

##### ***Week of Respect***

This week every school in New Jersey is observing “Week of Respect”. During this week, we will be spending time taking part in activities that help promote a respectful school culture and reflecting on the ways respect can lead to a peaceful atmosphere in our lives and in our school. Each day this week, we will be hearing a definition of respect and you will be asked to set a goal for yourself to observe a specific area of respect.

Our goal for today is: “Do something to help fill someone else’s bucket today.” Give someone a smile, give a compliment to your classmate, help a friend feel included at recess. Whatever you decide to do, fill that bucket with a smile knowing that you are demonstrating respect for yourself and others!

#### **Tuesday, October 7th**

##### ***Respect for Self***

Self Respect.... What does it mean to you? Does it mean feeling good about yourself and the way you treat other people? Does it mean living up to your values and convictions? Does it mean taking responsibility for your actions? Because that is exactly what self-respect is--- Being proud of the person you are. We should all live our lives in ways that help us make good choices, enjoy happy times with our friends and family, and like the person we are.

Our goal for today: “Do something today that is good for you and makes you feel good.” Spend a little extra time on your school work today, study a little more at home for a test or quiz, practice a little harder for that sport you are trying to do well in. Whatever you do, do it with pride and the knowledge that you are helping improve your self respect!

#### **Wednesday, October 8th**

##### ***Respect for Others***

Respect for others comes in two forms: respecting everyone’s differences and respecting everyone’s feelings.

##### **Respect for Differences:**

Did anyone ever make fun of you because you are different in some way? The difference could be small, like the color of your hair or great, like the language you speak. How did being made fun of make you feel? We’re all different in some way. But we’re all the same in one important way: Everyone deserves to be treated with respect.

Our goal for today is: “Let’s work on respecting each other.” Respect means understanding other people’s feelings, thoughts, and opinions. When we have respect for each other, our school community becomes a very nice place to be. Let’s fill a bucket or two today by giving a compliment. Show a classmate, your teacher, the office staff, the cafeteria workers, and the custodial staff that you respect them and appreciate all they do for you!

**Thursday, October 9<sup>th</sup>**

***Respect for Others***

Respect for others comes in two forms: respecting everyone's differences and respecting everyone's feelings.

Respect for Someone's Feelings:

Did anyone ever tease you because you like a certain TV show? Have you ever been called a name because you wanted to achieve a goal that was out of reach? How did it make you feel? Not everyone has the same likes and dislikes. We can show respect for other people's feelings by not making fun of them or putting them down.

Our goal for today is: "Let's work on respecting each other." Respect means understanding other people's feelings, thoughts, and opinions. When we have respect for each other, our school community becomes a very nice place to be. Let's fill a bucket or two today by giving a compliment. Show a classmate, your teacher, the office staff, the cafeteria workers, and the custodial staff that you respect them and appreciate all they do for you!

**Friday, October 10<sup>th</sup>**

***Respect for Property***

Did you ever go to a park that was full of litter, or to a beach that was closed because of pollution? How did that make you feel? Taking care of the environment and the community is everyone's responsibility. Make sure you do your share.

Our goal for today is: "Do something that shows respect for our school environment." Be sure to clean up after yourself in the cafeteria and on the playground. Throw away your trash and pick up the playground equipment. It will help make our school environment a clean and wonderful place to be.

***Ideas Taken From: Sunburst: "All About Respect: Give It! Get It!" (2002) and "Respect: To GET Respect, You Have to GIVE Respect" (2000) Brochures***

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Slogan Idea:

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Class	Date of Lesson	Period	Activity
<b>K</b>	October 8	7th	Band-Aid Chicken Read Aloud & Pledge
<b>1</b>	October 8	8th	<i>Hand Are Not For Hitting &amp; Activity Sheet</i>
<b>2</b>	October 7	7th	<i>Words Are Not For Hurting &amp; Activity Sheet</i>
<b>3</b>	October 7	6th	<i>Chester Raccoon &amp; The Big Bad Bully &amp; Activity Sheet</i>
<b>4</b>	October 8	6th	<i>The Juice Box Bully &amp; Activity Sheet</i>
<b>5</b>	October 6	5th	RESPECT Bingo & Brainstorming Ac- tivity
<b>6</b>	October 6	3rd	Cup Stack Team Building & Discus- sion
<b>7</b>	October 6	2nd	Cup Stack Team Building & Discus- sion
<b>8</b>	October 6	1st	Cup Stack Team Building & Discus- sion